

{NO BOOZE NEWS}



THE MORE DEPENDENT WE BECOME ON A HIGHER POWER, THE MORE INDEPENDENT WE BECOME

PUBLISHED MONTHLY BY THE AA INTERGROUP COUNCIL OF WEST CENTRAL ARKANSAS

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INTERGROUP BULLETIN

VOLUME VIII – MAY -- 2013

The Intergroup meets 2PM, the last Sunday of each month at 411 Sellers Street. We urge all groups to have an intergroup rep present so you will be up to date on what is going on with your intergroup, and also to provide us with any input from your group.

We need your input for this Bulletin on items of interest, i.e. birthday lists, upcoming events, personal stories, we are always in need of guest writers, and anything else that you would like to see in your bulletin. You can mail your information to: Intergroup Bulletin, P.O. Box 6401, Hot Springs, AR. 71902. You can also E-mail your information to Bill D. at bjd62070@cablelynx.com. Please put "NO BOOZE NEWS" in the subject line. Bulletins will be snail mailed to group representatives for reproduction and distribution. You can also receive the Bulletin in your E-mail by providing your E-mail address to Bill D., or you can pick up a copy from the book store at 411 Sellers.

Our website is up and running....Go to <http://intergroupwcark.org> and check it out. I am sure you will very much like what you find

"The absence of profanity offends no one."

RICHMOND WALKER

AUTHOR OF THE 24 HR. A DAY BOOK

By Thomas K.

Richmond Walker (1892-1965) was born into a well-to-do family; his father served as the Speaker of the House of Representatives in Massachusetts from 1905-1907. After finishing school he ventured on a three-month trip with a friend to Africa and his drinking career began. He married in 1922 and fathered three children, none of which slowed his drinking--in fact the opposite was true. In 1939 the couple separated which was a bottom for Walker and he joined the Oxford Group (Bill and Bob were members) and remained sober from 1939-1941. After one final relapse he took his last drink, joined A.A. in the Boston area and stayed sober until his death in 1965. Walker in the beginning took a back seat while his body healed from the ravages of alcohol but attended meetings on a regular basis and became more involved. He self-published his first book "For Drunks Only: One Man's Reaction To Alcoholics Anonymous" in 1945 (now available for purchase from Amazon) which gave his opinion of A.A. It was this book that laid the foundation for many of the thoughts recorded in "Twenty- Four Hours A Day." He began spending winters in Daytona Beach, Florida where he was active as a speaker. It was there he put his thoughts for the day down on paper, and with the encouragement of the local A.A. group began to self-publish his writings in 1948, using the county courthouse printer. He sold the book for \$1.50 and all the profits went to the group and the New York office of A.A. Sales of the book reached 600 per month and by 1953 they had increased even more. Walker, even with occasional help from his A.A. group, could no longer handle the task of filling all the orders. It was at this point that he offered the book to G.S.O. for publishing, cost free. In addition he offered \$2000 to help get them started. He urged people to write letters to New York encouraging them to publish the book but to no avail. There was talk from the General Conference in 1954 that a precedent for publishing outside material would be set, and objections were raised about the spiritual nature in the book (a lot of references to God). In the end it was refused. This may have been due to the fact that they had just published "Twelve Steps and Twelve Traditions." There was a warehouse full of them and they weren't selling. Also Ed Jurgen's "Little Red Book," was published around the same time. The debate over the decision still continues today. Patrick Butler, founder of Hazelden, approached Webster at this time and gained permission to publish after the refusal from the G.S.O. Walker and Butler didn't get off on solid footing with the first printing. The book was originally called "The Little Black Book" and Butler printed the first run with green covers! Walker objected and the color was quickly changed to black. Think of the value of your book today if you have a green-covered one! Today the sales of the Twenty-Four Hour book have reached 10 million copies, making it the second-most-read book after the Big Book. It is available in paperback, the original hard copy, small and large and in many different languages. Hazelden has just introduced a limited-edition book which details the making of the book. Included are photographs, reproductions of the original typed pages courtesy of the Daytona Beach group, a biography of Walker, and additional writings by the author in a luxurious coffee table edition. There may still be copies available through Hazelden, Amazon, or other booksellers. If you're interested in the history of alcoholism like this writer is you'll find no fault and would treasure this in your collection of books. Since only 1000 copies were printed (although more could come) I would not delay in seeking out a copy. You won't be disappointed.

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It has been said, "**Anger is a luxury I cannot afford.**" Does this suggest I ignore this human emotion? I believe not. Before I learned of the A.A. program, I was a slave to the behavior patterns of alcoholism. I was chained to negativity, with no hope of cutting loose.

The Steps offered me an alternative. Step Four was the beginning of the end of my bondage. The process of "**letting go**" started with an inventory. I need not be frightened; for the previous Steps assured me I was not alone. My Higher Power led me to this door and gave me the gift of choice. Today I can choose to open the door to freedom and rejoice in the sunlight of the Steps, as they cleanse the spirit within me.

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What is Intergroup and Why Does Your Group Need A Voice?

Alcoholics Anonymous Intergroup is a partnership among AA Groups in the West Central Arkansas area. The function of this group is to carry the AA message to the alcoholic who still suffers and to provide vital AA services to the Area. The Intergroup meets on a monthly basis and operates by an informed group conscience utilizing the 12 Traditions of Alcoholics Anonymous.

Intergroup Functions:

- ❖ Provide a fully stocked bookstore with conference approved literature as well as related literature and other supplies.
- ❖ Publishes meeting lists
- ❖ Updates Web Site Services
- ❖ Publishes a monthly ***No Booze News*** Bulletin
- ❖ Serves as an Information exchange resource regarding conventions, roundups, workshops and other fun events to do sober
- ❖ Provides Hotline services for those seeking meeting information and other general information

Your group voice in the fellowship through the existing service structure is important in AA unity.

Individual and group participation will help our local communities “Carry the Message of Alcoholics Anonymous”.

Intergroup meetings are at 411 Sellers St. in Hot Springs and held on the last Sunday of the month at 2:00 PM

PLEASE INSURE THAT YOUR GROUP HAS A VOICE



*April showers bring
Spring flowers*

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Chuck C.'s Testimony Before a U.S. Senate Subcommittee

Part I

Chuck C., a well-known early AA member in California, testified before the Alcoholism and Drug Abuse Subcommittee in Los Angeles on Saturday, September 27, 1969. This is his testimony which I have copied from the official hearing records:

Present: Senators Hughes, (presiding), Dominick, and Saxbe [members of the Subcommittee]. Also present: Senators Cranston and Murphy [both Senators from California].

* * * * *

Senator Hughes. For the next witness, I want no television, no pictures taken of the witness at all, because it's the witness's desire there be none. Once before a witness's anonymity was broken before this subcommittee, so I'll ask all members of the press, radio, and television please to respect the identity of this man and no photographs. He can state his own preferences about what he says.

STATEMENT OF CHUCK C., RECOVERED ALCOHOLIC, MEMBER OF ALCOHOLICS ANONYMOUS.

Mr. Chuck C. Thank you, Senator Hughes. It's a privilege for me to come with you this morning. I feel rather like a fifth wheel, because the things have been pretty well covered already: But I appear in a little different capacity than any of the others this morning,

because I am Chuck C. and I am a member of Alcoholics Anonymous.

Through the program of Alcoholics Anonymous, applied to my own life, I haven't had a drink or a sedating or tranquilizing pill since January of 1946, for which I am very grateful.

Now, we in Alcoholics Anonymous think that alcoholism is a disease. You have heard it spoken of this morning several times as such. I think informed medical opinion throughout the country recognizes it as a disease. It is defined as a disease of twofold nature, an allergy of the body coupled with an obsession of the mind.

However, most of us, or many of us, think that there is a third factor. We think it's a living problem. We do not deny the allergy of the body or the obsession of the mind. I had them both. I tried for the last ten years of a 25-year drinking career to prove that I didn't have an allergy of the body or obsession of the mind. However, I knew nothing about them, because I knew nothing about the disease of alcoholism. I tried to beat this thing myself for the last 10 years of a 25-year drinking career; and I proved to myself conclusively that I do have both the allergy and the obsession.

Now with 24 years of sobriety, 25 years of drinking, and the time before I drank to look at, I believe that our problem is primarily a living problem, and that alcohol is pretty much a symbol of it or a symptom of it.

BIRTHDAYS

Rupert W.	1 Year	01/30/2012	Mike S.	4 Years	03/30/2009	Danny H.	25 Years	04/15/1988
Tasha B.	1 Year	03/15/2012	Linda R.	4 Years	04/17/2009	Diana F.	26 Years	04/26/1987
Eli H.	1 Year	03/23/2012	Mike M.	4 Years	03/30/2009	John K.	26 Years	04/27/1987
Helen N.	1 Year	03/26/2012	Leo K.	6 Years	03/25/2007	David H.	27 Years	03/16/1986
Darren B.	1 Year	03/27/2012	Geno E.	7 Years	03/03/2006	Rich F.	27 Years	03/19/1986
Michelle B.	1 Year	04/01/2012	Jeff T.	7 Years	04/17/2006	David M.	28 Years	04/27/1985
Patricia C.	1 Year	04/01/2012	Tapper V.	7 Years	04/17/2006	Bob R.	29 Years	04/12/1984
Jodene L.	2 Years	03/07/2011	Kathlene F.	10 Years	04/24/2003	Sammy B.	30 Years	03/09/1983
Deland M.	2 Years	03/10/2011	Bud A.	13 Years	04/05/2000	Tommye C.	32 Years	04/04/1981
Jim B.	2 Years	03/12/2011	Grier C.	14 Years	04/01/1999	Mary Anne L.	33 Years	04/15/1980
Shawn McB.	2 Years	04/29/2011	Allison G.	16 Years	03/03/1997	Mike G.	33 Years	04/15/1980
Yolie O.	3 Years	04/28/2010	Eddie M.	16 Years	03/20/1997	Jim F.	34 Years	01/22/1979
Denise L.	4 Years	03/06/2009	David H.	20 Years	03/01/1993	HC D.	35 Years	03/23/1978
Timothy T.	4 Years	03/26/2009	Bill B.	22 Years	03/14/1991			

March/April
[Group Contributions](#)
Lake Catherine
Hot Springs AA

*Thank you for your
Contributions*

YTD
[Contributions](#)
Hot Springs AA
Central Big Book
Eastgate
Rock Bottom
Eastgate
Welcome
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He calls it Meditation

UPCOMING EVENTS AND DATES TO REMEMBER

May 4 th	9 th annual district 6 -- Fun Day in May – Dam Site Park Heber Springs	
	6 th annual Golf Tournament \$15 per player. Contact John Becker	501-920-8450
May 11 th	51 st birthday of AA in Arkadelphia meeting and Pot Luck.	
June 2 nd	District 8	411 Sellers St. in Hot Springs 501-840-1196
June 3 rd	47 th Beebe Group Anniversary {Potluck & Speaker}.	{6:30 PM}
	First Presbyterian Church 907 West College St. Beebe.	
June 8 th	Bake at the Lake	Arlie Moore Pavilion – DeGray 501-276-0963
July 6 th & 7 th	Area Assembly	Howard Johnson Hotel in Conway 501-329-2961
June 29 th Noon – 8 PM	Soberfest 2013	Sherwood Forest in Sherwood
August 2-4 th	Old Grandad	Arlington Resort in Hot Springs 501-623-7771
September 8 th	District 8	411 Sellers St. in Hot Springs 501-840-1196
Sept. 20, 21, 23	Autumn in the Ozarks	Ramada Inn 1127 N.E. Hwy 62 B Mt. Home, Rm. Rate \$69/Night, 2 per room includes Breakfast Buffet. 800-272-6232 Call Cheryl S. 870-405-2556 or Janet O. 870-321-3411
October 5 th & 6 th	Area Assembly	Howard Johnson Hotel in Conway 501-329-2961
December 1 st	District 8	411 Sellers St. in Hot Springs 501-840-1196

“THE “NUMBER ONE OFFENDER”

Resentment is the “number one” offender it destroys more alcoholics than anything else. From it stem all forms of spiritual disease, for we have been not only mentally and physically ill, we have been spiritually sick.

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Alcoholics Anonymous, p. 64

As I look at myself practicing the Fourth Step, it is easy to gloss over the wrong that I have done, because I can easily see it as a question of “getting even” for a wrong done to me. If I continue to relive my old hurt, it is a resentment and resentment bars the sunlight from my soul. If I continue to relive hurts and hates, I will hurt and hate myself. After years in the dark of resentments, I have found the sunlight. I must let go of resentments; I cannot afford them.

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HAPPY CINCO DE MAYO

