

{NO BOOZE NEWS}



THE MORE DEPENDENT WE BECOME ON A HIGHER POWER, THE MORE INDEPENDENT WE BECOME

PUBLISHED BI-MONTHLY BY THE AA INTERGROUP COUNCIL OF WEST CENTRAL ARKANSAS
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INTERGROUP BULLETIN

VOLUME VI – JANUARY -- FEBRUARY – 2013

The Intergroup meets 2PM, the last Sunday of each month at 411 Sellers Street. We urge all groups to have an intergroup rep present so you will be up to date on what is going on with your intergroup, and also to provide us with any input from your group.

We need your input for this Bulletin on items of interest, i.e. birthday lists, upcoming events, personal stories, [we are always in need of guest writers](#), and anything else that you would like to see in your bulletin. You can mail your information to: Intergroup Bulletin, P.O. Box 6401, Hot Springs, AR. 71902. You can also E-mail your information to Bill D. at bjd62070@cablelynx.com. Please put "NO BOOZE NEWS" in the subject line. Bulletins will be snail mailed to group representatives for reproduction and distribution. You can also receive the Bulletin in your E-mail by providing your E-mail address to Bill D., or you can pick up a copy from the book store at 411 Sellers.

Our website is up and running....Go to <http://intergroupweark.org> and check it out. I am sure you will very much like what you find

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A History of Alcoholism Part VI

Frank Buchman (1878-1961), founded the Oxford Group and it was through these meetings that Bill Wilson and Dr. Bob Smith found sobriety and started Alcoholics Anonymous in 1935. Buchman's strategy was to hold "house parties" at various locations a sort of informal religious gathering. This idea quickly grew and soon there were gatherings where thousands of people attended. The principles came to be known as the four absolutes: Love, Purity, Honesty, and Unselfishness. Sound familiar? In 1931 A.J. Russell attended an Oxford Group Meeting with the intention of exposing them and became a convert going on to edit a book "God Calling" which found its way into some of our literature. Another Oxford Group member in the Boston area Richmond Walker made note cards of daily thoughts and ideas which became the 24 Hr. book. A strong member and supporter of the Oxford Group Sam Shoemaker housed the headquarters in his Cavalry Church. It was here that Rowland Hazard through the direction of Carl Jung found the Oxford Group and Ebby T., a long time friend who was about to be committed. It was Sam that took in Ebby T. to his mission, the man who brought the simple message to Bill Wilson in 1934. The following ideas were given to Bill from Ebby which came from the Oxford Group.

- 1... We admitted we were licked
- 2... We got honest with ourselves
- 3... We talked it over with another person.
- 4... We made amends to those we had harmed
- 5... We tried to carry this message to others with no thought of reward.
- 6... We prayed to whatever God we thought there was. Sound familiar?

Frank Buchman, while all of this was going on, continued to spread the message in Norway, Denmark and other countries. He was hailed as a pioneer of modern mutual assistance philosophy. However was met with opposition from Adolph Hitler in Germany. Any attempt at trying to convert Hitler ended in failure. He was seen as a threat to their National Socialism. Everything so far sounds like this was an ideal situation? There was a downside which eventually led to the decline and downfall of the group. He became too concerned with sexual issues as part of his "total honesty" program and would not give up the idea of the conversion of Nazis. While misquoted, the New York World-Telegram published a quote that read "I thank heaven for a man like Adolph Hitler, who built a front line of defense against the anti-Christ of Communism" and it was this statement made in 1936 that turned the tide as far as the Oxford movement was concerned. Buchman suffered a stroke in 1942 and eventually went blind but he continued to be active until his death in 1961. The movement was eventually renamed Moral Re-Armament and is still a group known as Initiatives of Change from 2001.

Who knows what would have happened if Bill and Bob weren't introduced to this program.

Re-Printed from the San Diego Coordinator

NO ONE WAS EVER OFFENDED BY THE ABSENSE OF PROFANITY



<u>December</u>	<u>YTD</u>	<u>Birthdays</u>		
<u>Group Contributions</u>	Before & After	Susan B.	01/01/2007	6 Years
HSA	District 8	Terry T.	12/19/2004	8 Years
Evergreen	Evergreen	Jim N.	12/17/2003	9 Years
	Grant County	Julie B.	12/22/1995	17 Years
	Hot Springs AA	Roy J.	11/01/1991	21 Years
	Beginners	Castro B.	12/28/82	30 Years
	Norman Firehouse	Bob O.	12/05 1981	31 Years
	Central Big Book			
	Rock Bottom			
	164 HSNP			
	Arkadelphia #1			
	Resentment			

UPCOMING EVENTS

January 5 & 6 - Area Assemble - Howard Johnson Hotel in Conway

February 8-10 -- 31st Annual "WINTER HOLIDAY" North Little Rock {501}371-9000

NEW MEETINGS IN ARKADELPHIA

Wednesday's and Saturdays 7:00 pm - 8:00 pm

21 Friendship Dr.

{White house on corner by one way sign}

I want my Higher Power to live in my heart full time, but He'll only take a 24-hour lease.

It's amazing how good I feel when I get connected to my Higher Power. I do this when I pray and meditate in the mornings, or when I speak to or help someone in the program, or when I attend meetings. I love the peace I feel, the sense of belonging I have and the feelings of being comfortable in my own skin.

It's also amazing how I can wake up the next day and feel so disconnected. I've often asked my sponsor why I can't stay connected, and he tells me it's the same reason I can't stay full after I've eaten a meal. When I ask him to explain, he says:

"Because we are spiritual beings, we all have a hunger to connect with our source. Once connected, we are filled with the peace and serenity that is the nourishment of this union. As we go about our day expending energy - the biggest energy drain caused by thinking about ourselves - we quickly become depleted and hungry. That's why we need to continually take actions to restore our connection and move God back into our hearts."

"Even though my Higher Power will only take a 24-hour lease, I can take actions to renew it daily."

Angela from Dallas

"MANY WHO PLAN TO SEEK GOD AT THE 11TH HOUR DIE AT 10:30"
(thanks Juke Joint Judy)

Two Fantabulous Christmas Parties

Those of you who missed either the wonderful HSA Christmas party at Westminster, and/or the terrific Christmas party put on by the Rock House Group, you certainly missed out. The food at both was fit for a king, and the two outstanding speakers were attention keepers. An outstanding time was had by all. Thanks to all the folks who put in many hours putting these two parties together. Your service was appreciated by all.

12 Ways To Accept (thanks Becca K.)

1. ACCEPT, that I am a sick person, and need help and that help can be found by attending meetings, reading literature and by practicing the program at all times.
2. ACCEPT, that I am powerless over anyone, but that I do have the power to change myself.
3. ACCEPT, that I am not responsible for everyone's actions, but I am responsible to myself.
4. ACCEPT, God or a Higher Power back into my life. To LET GO AND LET GOD, and to learn to have patience by not taking things back too quickly and trying to manage or play God myself.
5. ACCEPT, that I am a good person and it is OK to be good to myself. Don't be afraid to be happy and enjoy what is beautiful. Always remember, I'm OK, GOD DOESN'T JUNK.
6. ACCEPT, tolerance with others and especially myself, having faith that I can grow in our program and become a whole person again.
7. ACCEPT, things I do not like, realizing that all things do not have good to be acceptable. By having to let someone we love suffer for their own mistakes, or actions, by detaching with love.
8. ACCEPT, that I do not have to be right all the time and that it is OK to be wrong or make mistake, our mistakes can be a learning experience.
9. ACCEPT, that it is OK to say I'm wrong and ask forgiveness when I hurt or wrong someone.
10. ACCEPT, that I must be open-minded enough to listen thoughtfully to the opinions of others.
11. ACCEPT, that each day is a new beginning and that it is within my power to make that day as good and happy as I want it to be.
12. ACCEPT, that I have no control over the PAST. That TOMORROW is beyond our immediate control for it is yet unborn. This leaves only TODAY. Let us therefore live but ONE DAY AT A TIME!

Re-Printed from Daily Ponderables 12/14/12

