

# {NO BOOZE NEWS}



THE MORE DEPENDENT WE BECOME ON A HIGHER POWER, THE MORE INDEPENDENT WE BECOME  
PUBLISHED MONTHLY BY THE AA INTERGROUP COUNCIL OF WEST CENTRAL ARKANSAS  
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## INTERGROUP BULLETIN

VOLUME XXII – JULY – 2014

The Intergroup meets 2PM, the last Sunday of each month at 411 Sellers Street. We urge all groups to have an intergroup rep present so you will be up to date on what is going on with your intergroup, and also to provide us with any input from your group.

We need your input for this Bulletin on items of interest, i.e. birthday lists, upcoming events, personal stories, [we are always in need of guest writers](#), and anything else that you would like to see in your bulletin. You can mail your information to: Intergroup Bulletin, P.O. Box 6401, Hot Springs, AR. 71902. You can also E-mail your information to Bill D. at [bjd62070@cablelynx.com](mailto:bjd62070@cablelynx.com). Please put "NO BOOZE NEWS" in the subject line. Bulletins will be snail mailed to group representatives for reproduction and distribution. You can also receive the Bulletin in your E-mail by providing your E-mail address to Bill D., or you can pick up a copy from the book store at 411 Sellers.

[Our website is up and running....Go to http://intergroupwcark.org and check it out. I am sure you will very much like what you find](http://intergroupwcark.org)

## **OUR AA EXPERIENCE HAS TAUGHT US THAT:**

1. Each member of Alcoholics Anonymous is but a small part of a great whole. AA must continue to live or most of us will surely die. Hence our common welfare comes first. But individual welfare follows close afterward.

2. For our group purpose there is but one ultimate authority -- a loving God as he may express himself in our group conscience.

3. Our membership ought to include all who suffer alcoholism. Hence we may refuse none who wish to recover. Nor ought AA membership ever depend upon money or conformity. Any two or three alcoholics gathered together for sobriety may call themselves an AA group.

4. With respect to its own affairs, each AA group should be responsible to no other authority than its own conscience. But when its plans concern the welfare of neighboring groups also, those groups ought to be consulted. And no group, regional committee, or individual should ever take any action that might greatly affect AA as a whole without conferring with the trustees of the Alcoholic Foundation [now the General Service Board]. On such issues our common welfare is paramount.

5. Each Alcoholics Anonymous group ought to be a spiritual entity having but one primary purpose -- that of carrying its message to the alcoholic who still suffers.

6. Problems of money, property and authority may easily divert us from our primary spiritual aim. We think, therefore, that any considerable property of genuine use to AA should be separately incorporated and managed, thus dividing the material from the spiritual. An AA group, as such, should never go into business. Secondary aids to AA such as clubs or hospitals which require much property or administration, ought to be so set apart that, if necessary, they can be freely discarded by the groups. The management of these special facilities should be the sole responsibility of those people, whether AAs or not, who financially support them. For our clubs, we prefer AA managers. But hospitals, as well as other places of recuperation, ought to be well outside AA -- and medically supervised. An AA group may cooperate with anyone, but should bind itself to no one.

7. The AA groups themselves ought to be fully supported by the voluntary contributions of their own members. We think that each group should soon achieve this ideal; that any public solicitation of funds using the name of Alcoholics Anonymous is highly dangerous; that acceptance of large gifts from any source or of contributions carrying any obligation whatever is usually unwise. Then, too, we view with much concern those AA treasuries which continue, beyond prudent reserves, to accumulate funds for no stated AA purpose. Experience has often warned us that nothing can so surely destroy

our spiritual heritage as futile disputes over property, money, and authority.

8. Alcoholics Anonymous should remain forever non-professional. We define professionalism as the occupation of counseling alcoholics for fee or hire. But we may employ alcoholics where they are going to perform those full-time services for which we might otherwise have to engage nonalcoholic's. Such special services may be well

recompensed. But personal Twelfth Step work is never to be paid for.

9. Each AA group needs the least possible organization. Rotating leadership is usually the best. The small group may elect its secretary, the larger group its rotating committee, and the groups of a large metropolitan area their central committee, which often employs a full time secretary. The trustees of the Alcoholic Foundation are, in effect, our general service committee. They are the custodians of our AA Tradition and the receivers of voluntary AA contributions by which they maintain AA general Headquarters and our general secretary at New York. They are authorized by the groups to handle our overall public relations and they guarantee the integrity of our principal publication, the AA Grapevine. All such representatives are to be guided in the spirit of service, for true leaders in AA are but trusted and experienced servants of the whole. They derive no real authority from their titles. Universal respect is the key to their usefulness.

10. No AA group or members should ever, in such a way as to implicate AA, express any opinion on outside controversial issues -- particularly those of politics, alcohol reform or sectarian religion. The Alcoholics Anonymous groups oppose no one. Concerning such matters they can express no views whatever.

11. Our relations with the outside world should be characterized by modesty and anonymity. We think AA ought to avoid sensational advertising. Our public relations should be guided by the principle of attraction rather than promotion. There is never need to praise ourselves. We feel it better to let our friends recommend us.

12. And finally, we of Alcoholics Anonymous believe that the principle of anonymity has an immense spiritual significance. It reminds us that we are to place principles before personalities; that we are actually to practice a truly humble modesty. This to the end that our great blessings may never spoil us; that we shall forever live in thankful contemplation of him who presides over us all.

May it be urged that while these principles have been stated in rather positive language they are still only suggestions for our future. We of Alcoholics Anonymous have never enthusiastically responded to any assumption of personal authority. Perhaps it is well for AA that this is true. So I offer these suggestions neither as one man's dictum nor as a creed of any kind, but rather as a first attempt to portray that group ideal toward which we have assuredly been led by a Higher Power these ten years past.

*Bill W.  
Grapevine, April, 1946*

## **AN EVER-GROWING FREEDOM**

*The Seventh Step is where we make the change in our attitude which permits us, with humility as our guide, to move out from ourselves toward others and toward God.*



There is a two drink minimum

## ***12 STEPPERS NEEDED***

There is a need to upgrade our 12 step list. The intergroup will be sending out forms to all groups. To volunteer for the list, please attend your group conscience meetings and add your name to the list.



## GROUP CONTRIBUTIONS

<i>JUNE</i>	<i>YEAR TO DATE</i>	
<i>Hot Springs AA</i>	<i>Hot Springs AA</i>	<i>Evergreen</i>
<i>ARKYPAA</i>	<i>Central Big Book</i>	<i>Welcome</i>
<i>Rock House</i>	<i>Eastgate</i>	<i>Lake Catherine</i>
<i>Private Individual</i>	<i>Rock Bottom</i>	<i>Rock House</i>
	<i>New Comers</i>	<i>Open Door Group</i>
	<i>Grant County Group</i>	<i>Resentment Group</i>
	<i>ARKYPAA</i>	<i>Private</i>

## **THANK YOU FOR YOUR SUPPORT**

### JUNE BIRTHDAYS'

Scott O.	1 Year	06/08/2013	Rock House
Valerie T	2 Years	06/01/2012	Rock House Ladies
Janine G	3 Years	06/24/2011	Rock House Ladies
Carrie S.	3 Years	06/04/2011	Rock House Ladies
Frances R.	5 Years	06/09/2009	Hot Springs AA
John B.	11 Years	06/21/2003	Mt Ida Resentment Group
Mary M.	19 Years	06/05/1995	Rock House
Hal J.	22 Years	06/22/1992	Mt Ida Resentment Group
Al R.	25 Years	06/24/1989	Mt Ida Resentment Group
Bill S.	25 Years	06/18/1989	Mt Ida Resentment Group
David D.	27 Years	06/04/1987	Grand County Group
Stan L.	29 Years	06/13/1985	LaKe Catherine Group

**I want my Higher Power to live  
in my heart full time, but He'll  
only take a 24-hour lease.**

### IDENTIFYING FEAR . . .

*The chief activator of our defects has been self-centered fear. . . .*

[TWELVE STEPS AND TWELVE TRADITIONS](#), p. 76

When I feel uncomfortable, irritated, or depressed, I look for fear. This "evil" and we made a lot of mistakes. On the basis of our mistakes, Bill W. put together the Twelve Traditions ... The early members brought us one Tradition at a time, in the long form -- for our group conscience and vote. We discussed each one, took out anything that we didn't want, made amendments, and then voted. I consider the Twelve Traditions to be the foundation of AA. There were a great many other things that contributed to this foundation, but this was the first really progressive step for our Fellowship. "corroding thread" is the root of my distress: Fear of failure; fear of others' opinions; fear of harm, and many other fears.

I have found a Higher Power who does not want me to live in fear and, as a result, the experience of A.A. in my life is freedom and joy. I am no longer willing to live with the multitude of character defects that characterized my life while I was drinking. Step Seven is my vehicle to freedom from these defects. I pray for help in identifying the fear underneath the defect, and then I ask God to relieve me of that fear. This method works for me without fail and is one of the great miracles of my life in Alcoholics

Anonymous

Re-Printed from Daily Ponderables

#### ***GRAPEVINE QUOTE***

"We made a lot of mistakes. On the basis of our mistakes, Bill W. put together the Twelve Traditions ... The early members brought us one Tradition at a time, in the long form -- for our group conscience and vote. We discussed each one, took out anything that we didn't want, made amendments, and then voted. I consider the Twelve Traditions to be the foundation of AA. There were a great many other things that contributed to this foundation, but this was the first really progressive step for our Fellowship."

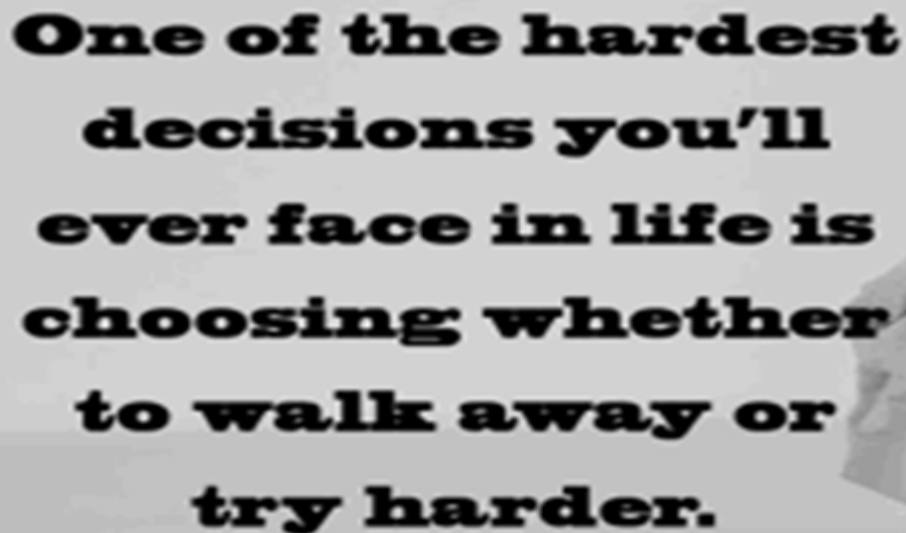
***NEW GRAPEVINE BOOKS IN THE BOOK STORE***

***LANGUAGE OF THE HEART***

***DAILY QUOTES***

***GET US WHILE THEY ARE HOT***

***AA Hot line calls in June  
Approximately 25 calls for information and directions  
Thanks for your service Steve B.***



**One of the hardest  
decisions you'll  
ever face in life is  
choosing whether  
to walk away or  
try harder.**

Why do I balk at the word "humility"? I am not humbling myself toward other people, but toward God, as I understand Him. Humility means "to show submissive respect," and by being humble I realize I am not the center of the universe. When I was drinking, I was consumed by pride and self-centeredness. I felt the entire world revolved around me, that I was master of my destiny. Humility enables me to depend more on God to help me overcome obstacles, to help me with my own imperfections, so that I may grow spiritually. I must solve more difficult problems to increase my proficiency and, as I encounter life's stumbling blocks, I must learn to overcome them through God's help. Daily communion with God demonstrates my humility and provides me with the realization that an entity more powerful than I is willing to help me if I cease trying to play God myself.

**From the book *Daily Reflections***