

{NO BOOZE NEWS}



THE MORE DEPENDENT WE BECOME ON A HIGHER POWER, THE MORE INDEPENDENT WE BECOME
PUBLISHED MONTHLY BY THE AA INTERGROUP COUNCIL OF WEST CENTRAL ARKANSAS
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INTERGROUP BULLETIN

VOLUME XIV – NOVEMBER -- 2013

The Intergroup meets 2PM, the last Sunday of each month at 411 Sellers Street. We urge all groups to have an intergroup rep present so you will be up to date on what is going on with your intergroup, and also to provide us with any input from your group.

We need your input for this Bulletin on items of interest, i.e. birthday lists, upcoming events, personal stories, we are always in need of guest writers, and anything else that you would like to see in your bulletin. You can mail your information to: Intergroup Bulletin, P.O. Box 6401, Hot Springs, AR. 71902. You can also E-mail your information to Bill D. at bjd62070@cablelynx.com. Please put "NO BOOZE NEWS" in the subject line. Bulletins will be snail mailed to group representatives for reproduction and distribution. You can also receive the Bulletin in your E-mail by providing your E-mail address to Bill D., or you can pick up a copy from the book store at 411 Sellers.

Our website is up and running....Go to <http://intergroupwcark.org> and check it out. I am sure you will very much like what you find

Chuck C.'s Testimony Before a U.S. Senate Subcommittee

Part VII

Questions will be raised in the subcommittee and later on the Senate floor as we move forward. Senators will ask: "What good does it do? Isn't there an organization which is doing a lot better than this voluntarily? Is a treatment center, in fact, going to be more than just a way station for drying out to give them strength to start in all over again? And will a halfway house follow enough of a detoxification process to be able to bring people back into the mainstream, particularly those who don't particularly want to, and how large a proportion of the ones that we have that are afflicted with this disease really want to recover; really want to admit to themselves that they're an alcoholic and that they can't take that first drink?"

I don't have any facts and figures. I know we're going to develop some as we go along in these hearings, but I'd just like to get your comments on this, which I think is a very grave communication problem that we've got.

Mr. Chuck C. This is the reason I spoke of the detoxification centers and halfway houses.

Senator Dominick. I notice that you couple them together all the time.

Mr. Chuck C. I think that the detoxification center is where the professional people can get us defogged so that we may hear what's said to us. And then the great rehabilitation work starts.

For instance, in Alcoholic Anonymous, we have nothing in our program that tells a person how to get sober, how to get physically sober. There's nothing in the book that tells you how to do that.

But we, as members of Alcoholics Anonymous, help each other get sober. It's a great part of our work and we wouldn't change it. We help each other get sober only that we might then take care of our problem - which is alcoholism; but before we can talk about the problem itself, we've got to get people so they can hear. And so they're detoxified, or gotten sober and then we talk with them. In our work we talk with them mainly in their homes or in ours. But, again, the job is too great for that.

And we are going to have the problem dumped in our laps whether we like it or not, because one of these days we're not going to have any place to put drunks if we do not have detoxification centers and halfway houses; because we're not going to take them to jail. (If you go back prior to 24 years ago you can find me all over the blotter of this town. I was no respecter of jails. I went to all of them.) So we are going to have to have places where we get sober and then we are going to have to have therapy that comes not only from members of Alcoholic Anonymous but from professional people like psychiatrists.

Old Timer's Prayer

God, keep me from thinking I must share in every meeting, no matter the topic. Keep my mind free from the recital of endless details and give me wings to get to the point. Remind me to guard confidences and to keep still when I feel it is necessary to speak up for someone's own good.

Release me from the need to straighten out everybody else's thinking and program. God, I ask for the grace to listen to newcomers. Please help me to remember the patience with which others listened to me when I was new. Please seal my lips to giving advice, and help me to remember to share only my experience, strength, and hope.

Remind me that my purpose is to fit myself to be of maximum service to You and to the people around me. Help me to remain teachable. Teach me (again) the lesson that, occasionally, it is possible that I may be wrong; and remind me, please, of the freedom that I gain when I am able to promptly admit I am wrong and make amends where necessary.

Help me to remember the difference between making amends and just saying, I am sorry. Help me to be a worker among workers, a friend among friends. Please keep me from being a bleeding deacon, and help me to walk the path towards being an elder statesman/stateswoman. Keep me ever mindful that I cannot manage my own life through my own unaided will. I know that I am not a saint; please show me the way to seek You so that I may continue to grow along spiritual lines.

Remind me, please, of Rule 62 to not take myself so damn seriously. (It is so easy to take myself way too seriously.) Keep me free of gossip, character assassination, and judgment. Remind me that because I am not perfect, although I have humbly asked, my character defects and shortcomings still arise unexpectedly, to cause damage to others and to myself.

Help me to walk with faith and acceptance, to see good things in unexpected places and talents in unexpected people, and give me the grace to tell them so. Help me to see that You love each of Your children, and that You do not need my opinion of them or suggestions on what they might deserve.

Amen

Re-Printed from Daily Ponderables

“The absence of profanity offends no one.”

OCTOBER BIRTHDAYS

Dennis . C.	3 Years	10/25/2010	Hot Springs AA
Marylin H. {Belated}	8 Years	09/01/2005	Central Big Book
Donnie S.	10 Years	10/08/2003	Hot Springs AA
Mark M. {Belated}	18 Years	9/1995	Hot Springs AA
Bonny G.	20 Years	10/10/1993	Hot Springs AA
Gene M. {Belated}	22 Years	9/1991	Hot Springs AA
Jeff	32 Years	09/02/1981	Hot Springs AA
Regina	9 Years	10/01/2004	Hot Springs AA
Jane M.	9 Years	10/13/2004	Central Big Book
Rosa M	15 Years	10/31/1998	Rock House
Jeff D.	24 Years	10/15/1989	Rock House
Anthony I.	25 Years	10/14/1988	Hot Springs AA
Cindy S.	27 Years	10/17/1986	Central Big Book
Eric P.	28 Years	10/22/1985	Central Big Book
Steve B. {Belated}	30 Years	09/18/1983	Lake Catherine
Mary Lou H.	40 Years	10/01/1973	Rock House
Chuck S.	44 Years	10/21/1969	Lake Catherine

GROUP CONTRIBUTIONS

*October
Rock House
New Comers*

YEAR TO DATE

*Hot Springs AA
Central Big Book
Eastgate
Rock Bottom
New Comers*

*Evergreen
Welcome
Lake Catherine
Rock House*

From the Editor

Unfortunately my Computer committed Hari Kari, and I lost most of my No Booze News addresses. Please advise your friends who do not receive this issue to please send me their addresses to bjd62070@cablelynx.com with "No Booze News" as the subject line.

The Way Out by Angie M.

She was only 19, brave at heart and following her dreams,
Believing she was pretty
Got a big job in the city
She'd find her place and make a name.

Drinks at five-thirty didn't seem so wrong or dirty,
For a few hours all was fine, it felt so safe and divine,
Little did she know she'd be used up before her time.
So many fears and pressures drawing near,
Promises broken, life seemed just a token
Afraid to move forward and too late to turn back
How did this life get so off the track?

But she was strong, she could survive
Ambition would be her major drive
And ego said...

"I'll make a way
I'll do whatever it takes
I have a plan; you just don't understand
I can make a way."

Another stop, another start along the way she lost her heart.

Such hopeful plans and such grand schemes lay at her feet all broken dreams.

Where did she go wrong, how did she get here?
Livin' hard, lookin' older than her years
Miss Little Big Town
Trying to hold a job down
Just one more drink to choke back the fear.

Walking down the road
slippin' on the edge greased with no more hope
Any vision had long ago died
Along with all of her pride
Broken and at that place where no one thinks they'll go.

She heard angels through that door
Of a church passed by a hundred times before
She heard forgiveness here
Voice of love so crystal clear
Maybe, somehow there was something more

She bowed her head to pray
To a God that seemed so far away,
I thought I would be stronger, I can't take it any longer.

I've tried everything I know, it's just that I'm so low

I can't possibly go on.

Then she heard Him say...
"I've made a way, you must do whatever it takes
it won't be easy, but I've sent people to guide you
Ask someone to stand beside you
This is the plan and one day you'll understand.

Welcome home, you've found the way."

Reprinted from "Daily Ponderables" 5/3/12



UPCOMING EVENTS AND DATES TO REMEMBER

- Nov 7, 8 & 9 Pass it On – Play about Bill W. and Dr Bob at Roy Rowe Educational Auditorium, 400 Linwood Ave, Hot Springs. Tickets \$20.00, Contact Quapaw House {501-623-9922}
- Nov 8 – 10 Men's Fall AA 12 Step Weekend. Corpus Christi, TX Butch R. 361-960-6561
- Nov 16 Rockhouse campfire meeting..7 PM..Bring chairs, marshmallows and whatever you would like to cook on the campfire...Don't forget your coat...
- Nov 16 -- 18 AA 61st Thanksgiving Program Holiday Inn, Jonesboro, AR 20\$ at Door
- Nov 28 HSAA Thanksgiving dinner after the noon Meeting. YUM! YUM!
- Nov 28-Dec 1 48th annual Las Vegas Round-up { www.lasvegasroundup.org }
- Dec 1st District 8 Location not confirmed at this time
- Dec 5-8, WOODSTOCK OF THE SOUTH go to www.aawoodstock.com; call 404-735-9254
- Dec 12 -- 14 Stateline Retreat – Las Vegas www.statelineretreat.org
- Jan 4 & 5 Area Assembly Howard Johnson Hotel in Conway 501-329-296
- Jan 24 -- 27 Sober Sisters Weekend cruise {Information at www.sobercelebrations.com }
- Feb 6-9, 2014 50th Intl Women's Conference, Honolulu www.internationalwomensconference.org

Your three best doctors are faith, time, and patience. --- From a fortune cookie

A N G E R = A Negative Grudge Endangers Recovery.



Silent Volunteers { Thanks Frank S. }

Did you ever notice how few members there are who really work in this program? There are many who are dry or even sober, but there are so few who do the things that NEED to be done. How silent it grows when we ask for volunteers. Then a hand goes up and usually it is a familiar hand. Why did the owner wait so long to volunteer? They wanted to give someone else an opportunity to really get in and get extra benefits from the program. Try doing a little more than necessary. Be something...A chairman - GSR - Intergroup Rep - make coffee - be a member of the cleanup crew. Just get involved. Somehow the job always gets done, but it is usually by those who have always done it.
AND THEY ARE THE ONES WE ACCUSE OF TRYING TO TAKE OVER!!!!!!

CHRISTMAS IS JUST AROUND THE CORNER

When thinking about your holiday shopping, don't forget about your local bookstore downstairs at 411 Sellers. We have lots of nice items plus all the books. The price is right too!!