

{NO BOOZE NEWS}



THE MORE DEPENDENT WE BECOME ON A HIGHER POWER, THE MORE INDEPENDENT WE BECOME
PUBLISHED MONTHLY BY THE AA INTERGROUP COUNCIL OF WEST CENTRAL ARKANSAS
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INTERGROUP BULLETIN

VOLUME XIII – OCTOBER -- 2013

The Intergroup meets 2PM, the last Sunday of each month at 411 Sellers Street. We urge all groups to have an intergroup rep present so you will be up to date on what is going on with your intergroup, and also to provide us with any input from your group.

We need your input for this Bulletin on items of interest, i.e. birthday lists, upcoming events, personal stories, we are always in need of guest writers, and anything else that you would like to see in your bulletin. You can mail your information to: Intergroup Bulletin, P.O. Box 6401, Hot Springs, AR. 71902. You can also E-mail your information to Bill D. at bjd62070@cablelynx.com. Please put "NO BOOZE NEWS" in the subject line. Bulletins will be snail mailed to group representatives for reproduction and distribution. You can also receive the Bulletin in your E-mail by providing your E-mail address to Bill D., or you can pick up a copy from the book store at 411 Sellers.

Our website is up and running....Go to <http://intergroupwcark.org> and check it out. I am sure you will very much like what you find

Chuck C.'s Testimony Before a U.S. Senate Subcommittee

Part VI

Senator Hughes. I'd like to ask you a question and answer it any way you see fit. Why the word, "anonymous" Why do alcoholics want to remain anonymous?

Mr. Chuck C. There are many reasons for it. But the two great reasons - the fundamental reasons, I believe, are these: There is a little verse in the Good Book that says, "Let not thy right hand know what thy left hand doeth," and this is probably the first time in our lives that we have ever been willing to do things like getting up in the middle of the night and going clear across town, at our own expense, to a dark room with an alcoholic who is really suffering. It's the first time in our lives we've been willing to do these things free - maybe even hoping that nobody will ever find out about it.

And the second reason is that. As long as we are anonymous people can come to us without feeling that they're going to have their problems become general knowledge. And people will come to us with problems when they won't go to anybody else, because, they don't want it known that they have this problem.

Senator Hughes. Why don't they?

Mr. Chuck C. It's a holdover from the days when the only descriptive adjectives used for people like me were bums, spineless people, dregs of society, a cancer on the social body, and all that sort of thing.

Senator Hughes. The great stigma.

Mr. Chuck C. Yes, it was a great stigma, but this is changing much for the better.

Senator Hughes. Senator Dominick?

Senator Dominick. I just first want to say it's highly refreshing, Chuck, to find a group of people who are not asking for appropriations from the Federal Government. [Audience laughter.]

May I congratulate you and your group, of which I have a fair knowledge because of my association with people afflicted with the problem.

I want to get back to this treatment center and halfway house. I'm sure that there must be some method of detoxification, but I also - only based on my own experience, and you have got a lot more than I have - have grave doubts whether detoxification, in fact, does the job. A lot of people go and get dried out. This is a kind of social phenomena, particularly in the East. You go and get dried out and then go out. This is a kind of social phenomena, particularly in the east. You go and get dried out and then go out and start all over again.



"The absence of profanity offends no one."

UPCOMING EVENTS AND DATES TO REMEMBER

- Oct 11 – 13 Treasure Coast Round-Up Stuart, FL. John T. 631-525-2467
Oct 25 – 27 Colors of Fall {Leslie H. at registration@wamo-AA.org }
Oct 26-Nov2 Gratitude Cruise {Information at www.sobercelebrations.com}
Oct 5th & 6th Area Assembly Howard Johnson Hotel in Conway 501-329-296
Nov 7, 8 & 9 Pass it On – Play about Bill W. and Dr Bob at Roy Rowe Educational Auditorium, 400 Linwood Ave, Hot Springs. Tickets \$20.00, Contact Quapaw House {501-623-9922}
Nov 8 – 10 Men’s Fall AA 12 Step Weekend. Corpus Christi, TX Butch R. 361-960-6561
Nov 16 -- 18 AA 61st Thanksgiving Program Holiday Inn, Jonesboro, AR 20\$ at Door
Dec 1st District 8 Location not confirmed at this time
Dec 5-8, WOODSTOCK OF THE SOUTH go to www.aawoodstock.com; call 404-735-9254
Dec 12 -- 14 Stateline Retreat – Las Vegas www.statelineretreat.org .
Jan 24 -- 27 Sober Sisters Weekend Cruise {Information at www.sobercelebrations.com}

TENTH TRADITION {LONG FORM}

No A.A. group or member should ever, in such a way as to implicate A.A., express any opinion on outside controversial issues--particularly those of politics, alcohol reform, or sectarian religion. The Alcoholics Anonymous groups oppose no one. Concerning such matters they can express no views whatever.

THE ONE WHO DRIVES
 WHEN HE'S BEEN DRINKING
 DEPENDS ON YOU
 TO DO HIS THINKING

Burma Shave

SEPTEMBER BIRTHDAYS

<i>Dean S.</i>	<i>1 Year</i>	<i>08/27/2012 {Belated}</i>	<i>Central Big Book</i>
<i>Jane B.</i>	<i>1 Year</i>	<i>09/02/2012</i>	<i>Rock House</i>
<i>Mandy V.</i>	<i>2 Years</i>	<i>09/04/2011</i>	<i>HSAA</i>
<i>Bobby C.</i>	<i>3 Years</i>	<i>09/21/2010</i>	<i>Rock House</i>
<i>Richie W.</i>	<i>3 Years</i>	<i>09/25/2010</i>	<i>HSAA</i>
<i>Paul B.</i>	<i>4 Years</i>	<i>09/02/2009</i>	<i>Rock House</i>
<i>Chad</i>	<i>4 Years</i>	<i>09/08/2009</i>	<i>HSAA</i>
<i>Crystal M.</i>	<i>4 Years</i>	<i>09/15/2009</i>	<i>HSAA</i>
<i>Marylin H.</i>	<i>8 Years</i>	<i>09/01/2005</i>	<i>Central Big Book</i>
<i>Elsie M.</i>	<i>51 Years</i>	<i>09/02/1962</i>	<i>Rock House Saturday Women</i>

GROUP CONTRIBUTIONS

SEPTEMBER	YEAR TO DATE
<i>Rock House</i>	<i>Hot Springs AA</i>
<i>Hot Springs AA</i>	<i>Central Big Book</i>
	<i>Eastgate</i>
	<i>Rock Bottom</i>
	<i>Evergreen</i>
	<i>Welcome</i>
	<i>Lake Catherine</i>
	<i>Rock House</i>

Twelve step and meeting location calls

August --- 51

September --- 17

THE ONE WHO DRIVES
 WHEN HE'S BEEN DRINKING
 DEPENDS ON YOU
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Burma Shave

"Each morning when I open my eyes I say to myself: I, not events, have the power to make me happy or unhappy today. I can choose which it shall be. Yesterday is dead, tomorrow hasn't arrived yet. I have just one day, today, and I'm going to be happy in it."

Grouch Marx

"What you keep to yourself you lose, what you give away, you keep forever."

THE SMILE

The smile that she wore when she walked through the door
of that clubhouse down by the beach
Was a mask of her fears; her defense to tears,
yet she yearned for all they could teach.
Her problems were real, but she just didn't feel
that she needed to talk or to share.
She'd find her own way, with her problems at bay,
to fit in with the other folks there.
But then came the day things did not go her way.
Confronted, she had to break down.
So she talked and she cried and from somewhere inside,
it was suddenly ok to frown.
With that smile set aside, she let go of her pride
and decided to finally get real.
Being willing to cry she began to see why
she so needed to hurt and to feel.
She came to know love from a source high above
and developed a new attitude.
And with new sober friends, she saw hope at the end
- a lifestyle of gratitude.
She left booze far behind and set firm in her mind
to stay straight for the rest of her days.
And by praying nonstop, she will stay on the top
- NEVER giving in to her old ways.
The smile I now wear is the way that I share.
No more hiding or guilt, fear or shame.
As I start life anew, I must thank all of you,
for you're all part of who I became.

by

"Robinonymous"

Re-Printed from San Diego AA Coordinator Feb. 2013

TWELVE STEPS AWAY

*My life was in shambles
addiction ran rampant in my mind
fear consumed my every action
and faith was impossible to find.*

*Hope was nonexistent
despair was my domain -
chaos was my lifestyle
my motivation was pain.*

*My bottom was high
my pain was extreme
insanity was my captor
and happiness was a distant dream.*

*Then I stumbled upon life
one that promised peace and serenity
I learned that happiness is obtainable
when I learn honesty and humility.*

*My soul has a vision
and God has shown me the way.
Today I can find harmony in life
it's only twelve steps away.*

Unfortunately, the Editor of the No Booze News had a computer committed Hari Kari and a majority of my address book was lost forever. If you normally get the newsletter in your E-mail, and didn't this month, please send me an E-mail with your First and last name or last initial to bjd62070@cablelynx.com, subject No Booze News, and I will put you back on the list.