

{NO BOOZE NEWS}



THE MORE DEPENDENT WE BECOME ON A HIGHER POWER, THE MORE INDEPENDENT WE BECOME
PUBLISHED MONTHLY BY THE AA INTERGROUP COUNCIL OF WEST CENTRAL ARKANSAS
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INTERGROUP BULLETIN

VOLUME XII – SEPTEMBER -- 2013

The Intergroup meets 2PM, the last Sunday of each month at 411 Sellers Street. We urge all groups to have an intergroup rep present so you will be up to date on what is going on with your intergroup, and also to provide us with any input from your group.

We need your input for this Bulletin on items of interest, i.e. birthday lists, upcoming events, personal stories, we are always in need of guest writers, and anything else that you would like to see in your bulletin. You can mail your information to: Intergroup Bulletin, P.O. Box 6401, Hot Springs, AR. 71902. You can also E-mail your information to Bill D. at bjd62070@cablelynx.com. Please put "NO BOOZE NEWS" in the subject line. Bulletins will be snail mailed to group representatives for reproduction and distribution. You can also receive the Bulletin in your E-mail by providing your E-mail address to Bill D., or you can pick up a copy from the book store at 411 Sellers.

Our website is up and running....Go to <http://intergroupwcark.org> and check it out. I am sure you will very much like what you find

Chuck C.'s Testimony Before a U.S. Senate Subcommittee

Part V

Senator Hughes. Thank you very much, Chuck. I'd like to point out that the camera in the back of the room was not taking pictures.

I'd like to ask you, just for the record, to explain that fact when you say you want to be of help. I happen to have been visiting a lot of halfway houses around the country and in all of them I found Alcoholics Anonymous is a stable working factor within the halfway house. You point out, of course, that you accept no money and all of this is on a voluntary basis. I take it then, that should appropriations someday be made, whether it's on a sharing basis with States or communities and the Federal Government, that all these members of A.A. will be around and will be working with the people who come into these facilities. Is that right?

Mr. Chuck C. That would be a fair statement, I'm quite certain Individual members of the society can and do work as counselors and are paid for it in industry and other places. But, in the main, I think that most of the effective work in all the hospitals, in all the penitentiaries, and in many of the halfway houses that we have throughout the country today, is and will be on a voluntary basis by individual members of Alcoholics Anonymous.

Senator Hughes. Could you, perhaps, elaborate just a little bit on the changes you have seen in this 24 years in hospital treatment of patients and doctor's treatment of patients? Have you seen any changes?

Mr. Chuck C. There's been great change, of course. In my last 10 years of drinking, I went to all the recognized sources for help. I went to the clergy, to men of medicine and to a few people who knew more psychiatry than there is. And my answer from all of them was willpower, backbone and stand-up-and-be-a man.

I never heard of the disease of alcoholism until I came to my first Alcoholics Anonymous meeting. Today this is common knowledge now amongst all informed, all who want to be informed about this subject.

It is only recently that we have been able to get alcoholics into most hospitals. There are beds for us in most of them now and this was not the case for a long, long time. Everything has changed for the better. It's not fast enough, but it has changed for the better over the years.

Again, due, I think, not only to what we have done in Alcoholics Anonymous, but to the great educational programs of such organizations as the National Committee on Alcoholism.

"The absence of profanity offends no one."

UPCOMING EVENTS AND DATES TO REMEMBER

September 8 th	District 8	506 Lillian St. Benton	501-840-1196
Sept. 20, 21, 23	Autumn in the Ozarks Ramada Inn 1127 N.E. Hwy 62 B Mt. Home, Rm.		
		Rate \$69/Night, 2 per room includes Breakfast Buffet.	800-272-6232
		Call Cheryl S. 870-405-2556 or Janet O. 870-321-3411	
Sept. 28 th	Saturday Night Live 6:30 PM, at 500 Jefferson St. Van Buren by District 4		
	{Speaker} Hot Springs' own Mary Anne L. {Bring a side Dish}		
Oct 25 – 27	Colors of Fall {Leslie H. at registration@wamo-AA.org }		
Oct 26-Nov2	Gratitude Cruise {Information at www.sobercelebrations.com }		
October 5 th & 6 th	Area Assembly	Howard Johnson Hotel in Conway	501-329-2961
November 16, 17, 18	AA 61st Thanksgiving Program Holiday Inn, Jonesboro, AR 20\$ at Door		
December 1 st	District 8	Location not confirmed at this time	
December 12, 13, 14	Stateline Retreat – Las Vegas www.statelineretreat.org .		
Jan 24 – Jan 27	Sober Sisters Weekend Cruise {Information at www.sobercelebrations.com }		

AUGUST BIRTHDAYS

Sharon G.	1 Year	08/13/2012	Rock House
David W.	1 Year	08/15/2012	HSAA
Ed D	1 Year	08/17 2012	Welcome Group
Mark R.	1 Year	08/24/2012	HSAA
Shelly R.	2 Years	08/10/2011	HSAA
Greg G.	2 Years	08/14/2011	HSAA
Steve H.	3 Years	08/24/2010	HSAA
Judy J.	3 Years	08/26/2010	HSAA
Mary Beth C.	4 Years	08/17/2009	Rock House
Dyrek B.	5 Years	08/07/2008	Rock House
Sherrod T.	5 Years	08/08/2008	Rock House
Joey	8 Years	08/11/2005	HSAA
David S.	10 Years	08/17/2003	Rock House
Rebecca M	11 Years	08/08/2002	HSAA
Cathy S.	13 Years	08/23/2000	HSAA
Ernie	14 Years	08/24/1999	HSAA
Joe F.	16 Years	07/28/1997	HSAA
Tim R.	16 Years	08/14/1997	HSAA
Judy H.	19 Years	08/20/1994	Rock House
Ann MacP	22 Years	08/05/1991	Rock House
David D.	28 Years	07/08/1985	Rock House
Terry G.	29 Years	08/07/1984	Rock House
Eddy C.	31 Years	08/08/1982	Rock House
Barbara F.	37 Years	08/19/1976	Rock House
Maurice T.	41 Years	08/18/1972	Resentment Group

"We are the flow,
we are the ebb.
We are the weavers,
we are the web."

Thanks Lisa Ann

A Thought from a friend

Serenity is not freedom from the storm, its finding peace within the storm.

Thanks Mary Ann

A MAN SAT IN FRONT of his home, contemplating his future. He had just gotten a divorce, lost his children, been fired from his job, and now faced eviction. He noticed a case of beer bottles in his trash and walked up to it.

He took out an empty bottle and smashed it, swearing, "You are why I don't have a wife!" He threw a second bottle: "You are why I don't have my children!" And a third: "You are why I lost my job!"

But then he discovered a fourth bottle, still sealed and full of beer. He took it, tucked it into his pocket, and said, "Stand aside, my friend--I know you were not involved."

—Anonymous

Re-Printed from Houston AA Link

WHY I DRANK

I drank to be witty -- and I became a bore.

I drank to relax -- and I couldn't stop my hands from shaking.

I drank to feel good -- and I suffered through sick hangovers.

I drank to be happy -- and it made me depressed.

I drank to be a good dancer -- and it made me stagger.

I drank to be a conversationalist -- and I couldn't pronounce my words.

I drank to be social -- and I became angry and resentful.

I drank to help my appetite -- and cheated my body of nutrition by not eating right.

I drank to be a good lover -- and I couldn't perform.

I drank to show I was a man -- and became a slobbering howling baby.

I drank to be popular -- and lost my friends.

I drank to enjoy life -- and contemplated suicide.

I drank for camaraderie -- and drove everyone away from me.

I drank to escape -- and built a prison for myself.

I drank to find peace -- and I found hell.

Re-Printed from The San Diego Coordinator

**THE MIDNIGHT RIDE
OF PAUL FOR BEER
LED TO A WARMER
HEMISPHERE**
Burma Shave

NINTH TRADITION {LONG FORM}

Each A.A. groups needs the least possible organization. Rotating leadership is the best. The small group may elect its Secretary, the large group its Rotating Committee, and the groups of a large Metropolitan area their Central or Intergroup Committee, which often employs a full-time Secretary. The trustees of the General Service Board are, in effect, our A.A. General Service Committee. They are the custodians of our A.A. Tradition and the receivers of voluntary A.A. contributions by which we maintain our A.A. General Service Office at New York. They are authorized by the groups to handle our over-all public relations and they guarantee the integrity of our principle newspaper, "The A.A. Grapevine." All such representatives are to be guided in the spirit of service, for true leaders in A.A. are but trusted and experienced servants of the whole. They derive no real authority from their titles; they do not govern. Universal respect is the key to their usefulness.

Some Snippets' {Thanks Grier C.}

A Treatment Center is a place you go to pay \$15,000.00 to find out that you need to go to AA meetings and they are free.

An alcoholic is a person who wants to be held as they isolate.

How come alcohol kills millions of brain cells, it never killed the ones that made me want to drink?

If God were small enough to understand, He would not be big enough to be God! (I like that one)

You don't have to be sick to want to get well. But if you don't, you are sick.

I often obsessively pursue feeling good, no matter how bad it makes me feel.



"My sponsor says she never got indigestion from swallowing her pride."

Reprinted with Permission, Grapevine, November 1997

UNFORTUNATELY WE HAD NO GROUP CONTRIBUTIONS IN AUGUST!

My part of the Seventh Tradition means so much more than just giving money to pay for the coffee. It means being accepted for myself by belonging to a group. For the first time I can be responsible, because I have a choice. I can learn the principles of working out problems in my daily life by getting involved in the "business" of A.A. By being self-supporting, I can give back to A.A. what A.A. gave to me! Giving back to A.A. not only ensures my own sobriety, but allows me to buy insurance that A.A. will be here for my grandchildren

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